# SPECIAL EDUCATION PROFESSIONALS

#### **REPORT FOR NOORD – ZUID ZWEVEGEM**

## RE: PROJECT ON CAPACITY BUILDING OF THERAPISTS INTERN MEMBERS

2023





#### 1. INTRODUCTION

SEP received 1750 Euro from the Noord – Zuid Zwevegem in January 2023. The money donated was used to fund the SEP Project on: Trans-disciplinary training for the intern members.

#### 2. SUMMARY OF EXPENDITURE

#### 2.1 Trans-disciplinary Intern Training 17-28 April 2023

In order to have all members confident in practicing trans-disciplinary therapy intervention, in line with the SEP mission<sup>1</sup> SEP organizes a trans-disciplinary training every year for newly graduated professionals who join SEP.

The aim of the trans-disciplinary training is to develop and strengthen the knowledge, skills, and abilities across different professional skills, which helps in ensuring professionalism amongst SEP members. SEP creates opportunities to access resources that are a requisite when working with children with disabilities.

In 2023 the training was held at My School Montessori School. The venue location was very ideal as it was very central for most of the interns to reach. The training was attended by 28 newly recruited intern members: 14 occupational therapists, 8 physiotherapists, 5 special needs teachers and 1 psychologist.

This was the first training that had a record number of 8 physiotherapists joining. A great success for the transdisciplinary approach training.

The training was a remarkable blend of practicality and active participation, setting the stage for an enriching learning experience.

#### **Topics in Trans-disciplinary Approach:**

- 1. Classification of CP
- 2. Therapy equipment design
- 3. Handling & positioning
- 4. Passive techniques
- 5. Stretching
- 6. Assessments
- 7. Adaptation for ADLs
- 8. Functional goal setting & therapy plan
- 9. Feeding
- 10. Play
- 11. Autism
- 12. Communication
- 13. Behavior modification
- 14. Sensory integration
- 15. Case studies

The interns who participated are now receiving more practical training in trans-disciplinary approach in the SEP projects under supervision of the SEP training team.

Total cost of the training was **Kshs 270,144/=** which included facilitation fees, training materials, hall hire, meals and transport.

<sup>&</sup>lt;sup>1</sup>SEP promotes early intervention and inclusion through trans-disciplinary approach and skills development. Using the diverse expertise, SEP provides sustainable intervention that supports children with disabilities, empowers their families, caregivers, and professionals in collaboration with other stakeholders.











Pictures from the intern training

#### 2.2. Follow-Up Training

### **Equipment Making on 15 May 2023 Sensory Integration II on 20 October 2023**

In addition to practical training in the SEP projects on a weekly basis, the interns received further training on:

Making adapted equipment – this was held at the SEP APBT workshop where 10 interns got to learn: how to take correct measurements for different adapted equipment; how to prescribe appropriate equipment for clients depending on the need; they also looked at the ready made adapted equipment in the workshop; and finally had a practical session with children from Edmund Rice Centre where they took measurements and also prescribed appropriate equipment.

**Sensory Integration II** – this was held at Rainbow School. Twelve interns participated and got to: have a recap of Sensory Integration 1; learn various interventions for each sensory system; discover the types of protocols of Sensory Integration intervention; have group discussions on activities that can be done for children with disabilities and practical sessions.





Pictures from the Sensory integration 2 workshop